

GRIDDLE  
ME  
THIS  
DAD



04

2021 March  
Edition

# GRIDDLE ME THIS DAD NEWSLETTER

A COLLECTION OF RECIPES, OBSERVATIONS, AND  
ADVICE FOR THE GRIDDLE AND COOKING  
ENTHUSIAST WITH A FOCUS ON VALUE.

# PREPARATION

by Bill Pickrel

Welcome to the March 2021 Issue of the Griddle Me This Dad (GMTD) Newsletter. The theme for this newsletter is preparation. Preparation is the key to achieving your goals and dreams. Without preparation, nearly everything in life is challenging and difficult. Ben Franklin once said, "By failing to prepare, you are preparing to fail." Other cool preparation quotes: "Success is where preparation and opportunity meet." Bobby Unser; "Proper preparation prevents poor performance." Stephen Keague; "There are no secrets to success. It is the result of preparation, hard work, and learning from failure." Colin Powell

I would again like to thank my beautiful wife and my talented three sons for their support in helping to create this newsletter, site, and web presence. I am also grateful to you - the readers for your support of these endeavors.

**Happenings** - In keeping with the GMTD three New Year's Resolutions for last month's newsletter, there are two recipes already up for [Gochujang Green Beans](#) and [Lemon Garlic Asparagus](#). We will be updating posts on Pinterest and Facebook to generate more interest and following to the site and newsletter.

**Information** - As part of my preparation for this newsletter and all the recipes, I have developed a standard, repeatable format. All recipes on the GMTD Site are formatted with three major sections: planning, preparation, and performance. The recipes are structured so that the all the needed ingredients are in the planning section. The preparation section includes all directions and actions to organize and coordinate the food for the griddle. An important part of successful griddling is having everything ready to go when you are at the grill, because things happen fast. Just like at the Japanese Steak House, their ingredients are prepped and organized before the chef starts his show. Finally, the performance section is where the griddling magic happens. This section contains specific instructions on cooking of the recipe. I hope this format is straight forward, understandable, and easy to follow.

If there is something you would like to see in the newsletter or if you have an idea for a recipe or improvement to the site, please email me at [griddlemethisdad@gmail.com](mailto:griddlemethisdad@gmail.com).

## GRIDDLE RIDDLE

Answers from last newsletter:

I  
IP  
RIP  
RIPE  
PRIME  
EMPIRE  
PREMIRE  
SIMPERER

## INTERESTING LINK

Extremely intelligent people intrigue me. One of the smartest people I have listened to recently is Jordan B. Peterson. He is described by Wikipedia as "a Canadian clinical psychologist, cultural critic, and professor of psychology." I find his unique and always thoughtful viewpoint refreshing and riveting. He has tons of videos on YouTube as well as his own [podcast](#) as well as a best-selling [book](#).

He has recently returned from some extremely serious [health issues](#): I wish him the best with his continued recovery to health.

## THE GRIDDLE RIDDLE

The letters in hexadecimal (A,B,C,D,E,F) do not like each other. They are not allowed to touch another of its kind, not even diagonally. Place A through F one each row and column so that two identical letters do not touch, again even diagonally.

EXAMPLE:

				C	
				A	B
E	F				
	B				

ANSWER:

B	D	C	E	F	A
F	A	B	D	C	E
D	C	E	F	A	B
E	F	A	B	D	C
A	B	D	C	E	F
C	E	F	A	B	D

PUZZ:

	A				
B	F				
				E	D
				B	